

Hercules and the Digital Realm

A Cyber Safety Story for Little Heroes!



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Welcome to the Digital Realm!

The Digital Realm is full of amazing games and videos. But just like the mighty Hercules, you learn to **explore safely**. Are you ready to pass the **6 Labors** and become a true **Cyber Hero**?
Let the journey begin!



Labor 1: The Nemean Lion

The Lion is sneaky. He pretends to be a friend online, but you don't really know him!



The Magic Move: STOP!

Never talk to strangers in the Digital Realm. If you don't know them in real life, say "NO" and tell a grown-up right away!



Labor 2: The Lernaean Hydra

The Hydra tries to trick you! If you click one bad button, two more pop up to block your game!



The Magic Move: Find the X!

Don't click the flashy buttons. Look for the magic "X" to close them, or ask a parent to banish the monster for you.



Labor 3: The Erymanthian Boar

The Boar brings chaos! Sometimes you tap the wrong thing and the game breaks or the screen freezes by accident.



The Magic Move: Breathe

Don't panic! Tapping the screen a hundred times makes the Boar angrier. Just stop, take a breath, and hand it to a grown-up to fix.



Labor 4: The Stymphalian Birds

These sneaky birds drop apps and “free games” from the sky that look fun but might be tricks!



The Magic Move: The Co-Pilot

Never download a new game all by yourself.
Always ask your **Co-Pilot** (your parent) to
open the **Download Umbrella** first!



Labor 5: The Messy Stables

Leaving your personal information scattered everywhere is unsafe!



The Magic Move: Lock it up

Keep your real name, where you live, and your passwords locked away in your brain. They are your secret treasure!



Labor 6: The Golden Apples

Hercules didn't get the apples alone;
he asked the giant Atlas for help!

The Magic Move: Ask for Help!

The bravest thing a Cyber Hero can do
is ask for help. If anything online makes
you feel scared, sad, or confused,
go straight to your trusted grown-ups.
You will never be in trouble for asking!



You Built Your Cyber Hero Shield!

NO
Strangers



CLOSE
Pop-Ups



DON'T
Panic



ASK
Before
Downloading



KEEP
Secrets



GET a
Grown-Up



You collected all the pieces! This shield protects your mind whenever you explore the Digital Realm.

The Cyber Hero Field Guide (For Heroes & Co-Pilots!)

The Monster	The Trick	Hero Action
	Pretends to be a friend	 Say NO and STOP
	Flashing Click Me windows	 Find the magic X
	Screen freezes or breaks	 Breathe & hand to an adult
	Free games dropping in	 Open the Download Umbrella
	Asking for your name/house	 Lock your secrets away
	Feeling scared or confused	 Talk to your grown-up

The 13th Labor: Safe Play!

Now that you know the rules of the Digital Realm, your final task is the most fun of all. You are ready to play, learn, and explore safely!



**Remember: With your Cyber Shield and your Co-Pilot,
YOU are the hero of your own digital story!**